

# YH

# YOUR HEALTH



A PUBLICATION OF BEAUREGARD MEMORIAL HOSPITAL

*nothing's more important than your* **health**™



## How Far Would You Go...?

When seeking medical care for you and your family, how far are you willing to go to receive the best? 10 miles? 25 miles? 50 miles? How about all the way to Beauregard Memorial Hospital?

**A**s your local nonprofit hospital, BMH offers a wide array of services, such as same day surgery, digital mammography, labor and delivery, rehabilitation, and out-patient diagnostics right here in Beauregard Parish.

“We strive to offer the most excellent care possible at a place that is the most convenient for you—close to home,” says Ted Badger, FACHE, CEO of BMH. “We don’t provide a service unless we fully believe we can be the best at it. Our priority is top quality healthcare for our community, and our goal is to deliver that every day.”

### Recognized in Excellence

BMH recently received the 2009 Leadership Award for Clinical Excellence from VHA, a national healthcare

alliance. BMH received the award for the Patient Experience. The award honors organizations that have differentiated themselves around national performance standards by achieving exceptionally high levels of performance. BMH was also awarded the Silver Level 2008 Louisiana Hospital Quality Award, presented by the Louisiana Health Care Review. The Hospital Quality Award honors Louisiana hospitals that successfully implement quality initiatives directed toward improving patient care in the hospital setting.

So in order to receive the excellence and quality healthcare you deserve, ask yourself, are you willing to go all the way to Beauregard Memorial Hospital?

*For more information, visit [www.beauregard.org](http://www.beauregard.org).*

V6 N2

# Putting Her *Best* Foot Forward

Beauregard Memorial Hospital announces the arrival of an expert in orthopaedic care to Beauregard Parish and the surrounding communities—Janet E. Lewis, MD.

Dr. Lewis was born in Lake Charles, Louisiana, to a military family. Her father is an ophthalmologist, and from a young age, she and her sister wanted to be physicians. Dr. Lewis chose orthopaedics for its variety and hands-on nature.

“I like orthopaedics because patients come to the surgeon wanting to get better, so they are easy to work with,” says Dr. Lewis. “In addition, orthopaedics is one of the best specialties for using state-of-the-art technology.”

## New Challenges

Dr. Lewis received her undergraduate degree from Stanford University in California and earned her medical doctorate at Morehouse School of Medicine in Atlanta, Georgia. After completing her residency at Louisiana State University Medical Center in New Orleans and a fellowship at Baylor College of Medicine in Houston, Texas, Dr. Lewis opened a practice in Baton Rouge.

Dr. Lewis is excited about the prospect of opening a solo practice at 501 Shirley Street in DeRidder on September 1, 2009. She specializes in foot and ankle surgery—an often overlooked branch of orthopaedics—and also will perform general orthopaedic surgery.

When she is not busy with her practice, Dr. Lewis stays active by spending time with her three-year-old daughter, as well as enjoys traveling and counts Africa and the Caribbean as two of her favorite destinations.

To make an appointment with Dr. Lewis, call (337) 462-4622.



Janet E. Lewis, MD, Orthopaedic Surgeon

## Comprehensive Care, Right Here

A trio of disciplines—occupational, physical, and speech therapy—provides a broad spectrum of rehabilitation services to meet our community's needs.



Aaron Rhodes, PT, MPT

## Welcome Home

DeRidder native, Aaron Rhodes, PT, MPT, is the latest addition to the Beauregard Memorial Hospital Rehabilitation Department. Helping patients in both inpatient and out-patient settings, Rhodes brings his experience and commitment to the qualified team of therapists at BMH.

Rehabilitation is beneficial for a wide range of conditions—from cancer and stroke to generalized weakness, injury, and post-orthopaedic injury. Outpatient rehabilitation services at Beauregard Memorial Hospital are available with a referral from your primary care physician. After an initial assessment, therapy is tailored to achieve improved function, mobility, strength, and overall increased quality of life.

### Rehabilitation Services at Beauregard Memorial Hospital

**Occupational Therapy** works to restore competency with activities of daily living or other manual tasks by focusing on the function of hands and the upper extremities. O.T. addresses psychological, social, and environmental factors that may hinder an individual's functioning in his/her daily living environment.

**Physical Therapy** helps to restore normal function or development after an injury or surgery. Treatment focuses on restoring range of motion, strength, balance, and proper joint

function through the use of therapeutic exercise, manual therapy, and modalities, such as heat, massage, electrical stimulation, and ultrasound.

**Speech Therapy** helps address disorders that affect speech, language, cognition, voice, and swallowing. Treatment focuses on retraining patients to better communicate through expressive and receptive language skills; improved vocal quality/production; cognitive reorganization; and swallowing exercises and compensatory strategies to prevent aspiration and other forms of swallowing deficits.

“Our experienced staff can provide coordinated rehabilitation services to treat many types of injuries and impairments,” says Dr. Christian Armetta, SLP.D., CCC-SLP, Director of Rehabilitation Services at BMH. “We use a multidisciplinary approach to provide patient-centered therapy and help our patients achieve success.”

For more information about Rehabilitation Services at BMH or to make an appointment, call (337) 462-7320.

# Welcome, Dr. McCann

Beauregard Memorial Hospital is pleased to welcome Jennifer R. McCann, MD, OB/GYN, to its talented staff of women's health specialists at the Women's Clinic of Southwest Louisiana.

Dr. Jennifer McCann received her medical degree from the Louisiana State University Health Sciences Center in Shreveport, Louisiana, where she also completed her OB/GYN residency and internship programs. For Dr. McCann, choosing to practice women's health was an easy decision.

"I decided to study women's health due to the diversity of the field," says Dr. McCann. "From clinical work and surgeries to delivering babies, each day holds something new."

## A Family Affair

Joining the Women's Clinic of Southwest Louisiana, Dr. McCann will be working alongside her father, James Rudd, Sr., MD, OB/GYN, and her brother, James Rudd, Jr., MD, OB/GYN. Working closely with her family adds a new level of interest to Dr. McCann's medical practice.

"Having the opportunity to collaborate with my father and brother is an extremely unique opportunity for me," Dr. McCann adds. "I continually learn firsthand from their many years of experience."

Practicing with her family members and David Jones, MD, OB/GYN, Dr. McCann will help maintain and ensure the high quality of care offered by BMH to women across Beauregard Parish and surrounding communities.

When Dr. McCann is not in the office, she enjoys spending time with her family and traveling.

*Need an OB/GYN? Call (337) 463-5582 to schedule an appointment with Dr. McCann.*



Jennifer R. McCann, MD, OB/GYN

# Introducing a New Member of the Team

Beauregard Memorial Hospital introduces our newest family practice physician, Pearre J. Davenport III, MD.

Coming to Louisiana from San Diego, California, Dr. Davenport is excited to join the medical staff at BMH and continue his love of family medicine. Dr. Davenport has a special interest in the treatment of respiratory illness, diabetes, and heart disease.

"Family medicine allows me to pursue multiple disciplines within the medical field and gives me the unique honor of caring for patients from infancy to geriatrics," says Dr. Davenport. "I'm looking forward to serving this community."

## Medical History

Dr. Davenport received his medical degree from the American University of the Caribbean in 2006 and completed his residency at the Louisiana State University Family Medicine Program in Lake Charles in 2009. He is a member of the American Academy of Family Physicians and the American Society of Clinical Pathologists and was actively involved in medical support and recovery efforts following Hurricane Katrina in 2005.

In his free time, Dr. Davenport enjoys outdoor activities, such as hunting, fishing, and scuba diving, and is a member of the American Waterski Association.

*To schedule an appointment with Dr. Davenport, call (337) 460-0690 or visit [www.beauregard.org](http://www.beauregard.org) and click "Meet Our Doctors."*



Pearre J. Davenport III, MD



This is a  
recyclable product.

This publication in no way seeks to serve as a substitute for professional medical care. Consult your physician before undertaking any form of medical treatment or adopting any exercise program or dietary guidelines.

# Go Ahead-

## We Are Here 24 Hours a Day

You cannot plan for life's emergencies, but you can count on Beauregard Memorial Hospital when they occur. Our Emergency Department treats a variety of medical conditions, such as sudden illness, injuries, and more. Our medical professionals are available to you 24 hours a day, seven days a week. Best of all, we offer care that is fast and efficient, so we can get you or a loved one on the road to recovery as quickly as possible.

### How Do We Do It?

BMH uses a triage (or sorting) system in which our medical professionals assess patients based on their level of need. Heart attacks and life-threatening injuries with a possibility of severe complications are treated first, so our patients can be assured they will receive care when they need it most.

Consider our Emergency Department a front door for



Pictured are: (front row) Sharon Manitzas, RN; Ellen Naquin, RN; (standing) Tricia Williams, RN; Barbara Knight, RN, Director of the Emergency Department; Andrea Ferguson, RN; and Tim Dunn, LPN.

you—it's always open, and we are ready to treat you well when you need us.

Beauregard Memorial Hospital Emergency Department.  
Excellence in Emergency Care...Because Nothing's More  
Important Than Your Health.